

## To Carry List

Please read the following instructions very carefully and ensure that the participant is carrying all the items stated in the list below.

### **What to wear on this trip:**

As it will be warm in the afternoons, it is advisable to wear cotton clothes in lighter shades. Each day will require considerable walking, hence a comfortable pair of walking/jogging shoes will be required.

### **What to carry:**

Valid passport, 2 additional passport photographs, and a school identity card

A strolley with five t-shirts/shirts, a couple of jeans/cargo pants, one pair of shorts, swimming trunks (not compulsory), cap, night suit, undergarments, socks, toiletries, sun screen (optional) slippers and one small towel. The main luggage should not weigh more than 12-15 kgs\*.

In addition, the participant can carry one hand bag/small bag that weighs up to 5 kgs for personal items (i.e. books, camera, etc.). This bag will be carried on to the plane. It is very important that this piece of luggage DOES NOT contain any sharp objects (i.e. knife, pair of scissors, blades, etc.), liquids, aerosols and gases, unless they are carried in containers with a capacity no greater than 100 ml. Liquids, aerosols and gases partially filled and carried in containers larger than 100 ml will not be accepted.

Medicines – any required medication (including allergy medication). These should be carried in their original containers, and where applicable, should be accompanied with a doctor's prescription as well.

Students may also carry up to 6 packets of snacks/sweets

Cash – this can be used for shopping and to buy drinks/snacks, but please do not bring excessive amounts of cash that may be lost. Also, this cash should be in Singapore dollars, which helps save on conversion charges.

### **Please avoid carrying:**

Jewelry – why would you be carrying any? And if you are planning, please don't.

Fancy electronic gadgets: iPods, video games, etc. Don't worry about these, we will keep you engaged in more exciting ways.

\*We want each participant to travel light. This means light luggage to carry and more space to bring back souvenirs. Normally, 20 kgs per passenger is permitted by most airlines. However, certain teaching aids, folders, shooting equipment, etc. will be carried on the behalf of the students and the weight for the same needs to be shared by the participants.

